

ABDOMINAL ULTRASOUND PREP/DIET

PLEASE FOLLOW THIS SPECIFIC PREP THE DAY BEFORE THE EXAM

- 1. Fat free broth**
- 2. Canned fruit**
- 3. Canned vegetables**
- 4. Soft cooked potatoes, NO BUTTER OR MARGARINE**
- 5. Toast with jelly, NO BUTTER OR MARGARINE**
- 6. Jell-O**
- 7. Any clear fruit juice or Gatorade**
- 8. Coffee or tea, NO CREAM**
- 9. No carbonated drinks**
- 10. No gum chewing on day of exam**
- 11. Drink plenty of water the day before your exam**
- 12. DRINK WATER THE DAY OF YOUR EXAM**

YOU MAY EAT ANY FOOD ON THE LIST, AND, AS MUCH OF IT AS YOU LIKE, THE DAY BEFORE YOUR EXAM. NO FOOD SUBSTITUTIONS.

NOTHING TO EAT AFTER MIDNIGHT.

DRINK WATER THE DAY OF YOUR EXAM.

NO DAIRY PRODUCTS, NO MEAT, CHICKEN OR FISH, NO FRESH FRUIT, NO FRESH VEGETABLES OTHER THAN POTATOES

EPIC SONOGRAPHY DEPT/ CvL

2/2017